



Starlight Express

Starlight Quilters Guild

On the web at <https://starlightquilters.com>

On Facebook at www.facebook.com/StarlightQuiltersGuild/

April 20, 2026

Starlight Quilt Guild Officers and Committees

President: Donna Holloway

Heartland Quilt Network Rep: Mary Honas

KCRQF Representative: Tara Culley

Vice President: Janette Sheldon

Guild Meetings Operations Manager: Alison Erickson

Guild Meetings Volunteers: Ann Doherty, Jan Ketchum, Shirley Lewis

Program Committee: Mary Lou Guy

Past President: Amy Ubben

Quilting Activities Manager: Barbara McMahon

Accuquilt: Cheryl Tomson

Community Service: Pam Lanza

Guild Challenge: Karen Edwards & Shirley Lewis

Project Linus: Mary Honas & Kate McCabe

Retreats: Donna Holloway

Workshops: Tammy Smith

Treasurer: Barb Dietz

Membership: Diane Phillips

Monthly Raffle: Janette Sheldon, Donna Holloway, Amy Ubben

Quilt Show: Janette Sheldon, Kim Cawthon, Alison Erickson

Raffle/Opportunity Quilt:

Secretary: Michele Fix
(starlightquilters@gmail.com)

Newsletter: Suzanne Andrews
(starlightnewsletter@gmail.com)

Photographer/Graphic Design: Laura Bogue

Website Manager: Janice McKee



From the President

If you have ever walked into a quilt shop "just to look" and walked out with three new fat quarters and a charm pack, you're in good company. Understanding the relationship between dopamine and our crafting habits can help explain why so many quilters find themselves collecting fabric faster than they can sew it. Dopamine, often called the brain's "feel-good" chemical, is deeply tied to anticipation and reward. For creative minds, the thrill of discovering a new print, a fresh colorway, or a fabric line that sparks an idea delivers an instant dopamine boost. That little rush can feel just as satisfying as finishing a quilt block.

The experience of browsing a quilt shop or scrolling online fabric stores is designed to delight the senses. New patterns, textures, and colors light up the brain with possibility. That excitement can easily overshadow the slower, more effortful process of making the quilt. Before we know it, we've built a beautiful stash, a curated museum of inspiration, while the projects we intended to start remained neatly pinned to our mental design wall. Acknowledging this psychological pattern doesn't mean we're doing anything wrong; it simply helps us understand why collecting fabric can feel so irresistible.

Recognizing the dopamine-driven urge to stash gives us a chance to rebalance our quilting practice. When we pause to notice what we're craving—novelty, inspiration, momentum - we can channel that energy back into our works-in-progress. Engaging with the quilting community and our guild adds another layer of motivation, offering encouragement, accountability, and fresh ideas that bridge the gap between acquiring fabric and transforming it into something beautiful. By understanding why our brains love fabric shopping so much, we can make more intentional choices, savor our stashes, and refocus on the joy of creating quilts that bring our visions to life.

Our upcoming Quilt Show and April Program, Carla's UFO Challenge, and even our Show and Tell at each meeting are all opportunities to channel that dopamine energy into completed works of art.

Happy stashing and creating!

Donna



STARLIGHT QUILTERS GUILD
Treasurer's Report
March 2026

	Beginning Checkbook Balance	\$ 12,395.28	
	CD's at Capitol Federal	17,250.53	
	Petty Cash	60.00	
Cash Balance			29,705.81
Income			
	Membership Dues	1,190.00	
	Bucket Babes	110.00	
	Quilt Show Vendors	60.00	
	March Workshop	220.00	
	Total Income		1,580.00
	CD Interest	164.54	164.54
Expenses			
	Meeting Facility Rental	230.00	
	Storage Expense	130.00	
	Rhonda Denney- Program	698.00	
	Rhonda Denney- Workshop	688.63	
	Quilt show expense	104.45	
	PayPal Fees	18.41	
	Total Expenses		1,869.49
	Ending Checkbook Balance	12,105.79	
	CD's at Capitol Federal	17,415.07	
	Petty Cash	60.00	
Cash Balance			\$ 29,580.86
	Submitted by Barbara Dietz, Treasurer		

Membership Renewal Time!

Starlight currently has 107 members. We had 70 members and 2 visitors attend the March meeting.

Our membership year is from April 1st through March 31st. Dues are \$35.00 per year.

Your membership dues can be paid through the Starlight Quilters Guild website. Scroll to the PayPal link where dues can be paid using the following methods: PayPal, Venmo, Apple Pay, Debit Card or Credit Card. Enter your card number and details as you would for any other on-line transaction. The treasurer will receive an email notification of your payment.

~Diane Phillips
Membership



April Program

Quilt Show Recap and Project Brainstorming

Our April program will be an opportunity to celebrate a successful quilt show and get to know each other better. Most of us have difficult or unfinished projects that we could either use guidance on or we'd like to share with someone else. Bring these with you to discuss in small groups and your guild sister/brother will give you help. We will also have interview questions, or ask your own question, of those in our breakout groups. Bring a snack to share, if you'd like.

*~Mary Lou Guy
Programs*

BLOCK PARTY

2026 Starlight Quilters Guild Show April 24-25 Lenexa Old Town Activity Center Last Minute Reminders

- ❖ You may drop-off your quilt(s) at the show venue on **Thursday, April 23rd between 4:00-6:00 p.m.**
- ❖ Check the on-line volunteer signup sheet and see if there are any openings you can fill.
- ❖ Bring your Yard Sale items to the venue during quilt drop-off times. The yard sale also includes a bake sale. We are looking for homemade treats, but all donations will be welcomed.

*~Kim Cawthon & Janette Sheldon
Quilt Show Co-Chairs*



Accuquilt News

We've had April showers so now it's time to create some May flowers. This month's featured dies are the Rose of Sharon and the Daisy. Each cut more than one size of flower (1"-3") or petal (1 1/2" to 2 1/4"), center circles from 1/2" to 1 1/2", and the Rose of Sharon also includes leaves. They can be used with the guild's Accuquilt cutter or the smaller Go Me. Make individual blocks or fuse onto a pieced background to liven it up. Cut up to 4 layers of fused fabric at a time. Look at the Accuquilt web site for a variety of patterns. As always, contact me to check out the Accuquilt cutter or dies and remember that the Accuquilt is available at every guild sew day.

*~Cheryl Tomson
Accuquilt Manager*



Project Linus

At our March Guild meeting, 16 Linus quilts were donated by the following:

Rosemary Watrak – 1
Anonymous Member – 3
Kathy Keehn – 1
Barb Dietz – 1

Shirley Lewis - 1
Suzie Steele - 2
Theresa Benson - 4
Peggy Skaith - 3

These numbers include Rosie's quilts. We have completed at least 35 her quilts.

At the April meeting we will have some more batting. Plus, I have received a number of quilt blocks that need to be sewn together. Perhaps I will have a few kits.

Also, still looking for some larger fabric pieces for quilt backing.

*~Kate McCabe
Project Linus*

I have all the fabric I need!

-No Quilter, ever



The **Showcase Challenge**, Kansas City BBQ “Big Block Quilts” is Open Now! This challenge is limited to 2027 Participating Guild Members only. Check out [Showcase Challenge | KCRQF](#) for all the details. Registration deadline is December 31, 2026

Honoring Our Women Veterans at KCRQF: The Festival is asking each of the 17 guilds to construct 6 quilts (60” x 80”) so that we can present 100 Honor Quilts to Women Veterans at a special presentation on the last day of the Festival. The face fabric, batting, and backing fabric has been generously donated by Hobbs Batting and JafTex Corporation. All we have to do is craft the quilts! Each guild also gets to enter 6 women veterans to receive a quilt. Start thinking about the **Women Veterans** in your life. To submit a Woman Veteran for consideration, please send me the following information at tbriese72@gmail.com:

- Name of Veteran
- Rank
- Branch of Service
- Tour of Duty
- MOS – Military Occupational Service (they’ll know what this is 😊)
- Locations Served
- Current Mailing Address, phone number, and email address (so we can send the invite for the festival)

Don't forget to follow KCRQF on social media: [KCRQF Facebook](#) and [KCRQF Instagram](#)

*~Tara Culley
KCRQF Representative*



Mixing Prints Masterclass Workshop

With Tara Miller from *The Quilt District*

Wednesday May 27, 9am-4pm
Merriam Plaza Library

From the Quilt District website:

“Mixing prints doesn’t have to feel overwhelming—in fact, it can be the most joyful part of the process. In this workshop, I’ll show you how to break out of the “matching” mindset and start combining fabrics from different designers, collections, and eras with ease.

You’ll learn how to mix color, scale, and motif in a way that feels intentional, personal, and a little bit daring.

Let’s turn fabric chaos into quilt magic—together.”



Mark Your Calendars:

April 1-May 31

All Kansas & Nebraska Shop
Hop

**April 24-25 – SQG Quilt
Show**

**Lenexa Old Town
Activity Center**

****April 28 – SQG Meeting****

**Merriam Community Center
Social Evening**

May 26 – SQG Meeting

Merriam Community Center
Tara Miller

May 27 – Workshop

Mixing Prints Masterclass
Tara Miller
Merriam Plaza Library
9am-4pm



Member Tip



SQG member, Tammy Smith thought folks might be interested in knowing about the Virtual Graph Paper app (<https://virtual-graph-paper.com/>)

There's a free and paid version (of course).

The free version doesn't allow saving of your design, but you can generate a link, such as: <https://virtual-graph-paper.com/MWlwZjQ3MmQxODQ3>

You can also generate a PDF and save accordingly. It is pretty easy to get the hang of the application - undo is your friend!

~Editor

Advertisements

City's Edge Quilt Shop has classes and more!
Amy Senatore, Owner www.citysedgestudio.com
616 W. Main Street, Warsaw, MO 65355
Mon-Fri 10a – 5p and Sat 9a – 3p

Custom Machine Embroidery – quilt labels, towels, gifts, T-shirts, logos, banners, and so much more. Fast turnaround time on orders.
Phone **Judy Brennan**, 913-788-0582

C & S Creations – Custom wood working projects. Let us help you with your sewing /hobby room needs. Custom workstations, Featherweight cabinets, ruler holders, scissor racks. **Cheryl & Scott Diebold**,
Phone 913-677-0838

Machine Quilting – Edge-to-Edge
Computerized longarm machine quilting by **Elizabeth Brown**. Phone 913-626-7135
Website www.Duelingthread.com

Rosecliff Quilts – Provide quilting services which include longarm edge-to-edge quilting for unfinished quilt tops, baby quilts, t-shirt memory quilts and embroidery patches.
Phone: **Stephanie Rector**, 816-560-9863
Email: rosecliffquilts@gmail.com

Donna's Singer Service – Does your Featherweight need a good clean and oil? Is it not sewing like it should? I can clean and service your Featherweight including Singer models 15,99, 221, 222, and 301. Reasonable fees & timely service.
Donna di Natale, phone 913-451-0283

Machine Quilting –Machine quilting, all styles of quilting from simple hand-guided designs to custom creations. Guild members, I will piece your backing at no extra charge!
Peggy Skaith 913-341-0525

Keehn 2 Quilt – **Kathy and Erin** provide high quality finishes for every project - custom hand guided and *Prostitcher* edge to edge precision offered. Contact us today to finish your quilt masterpiece!
913-940-9849 www.keehn2quilt.com keehn2quilt@gmail.com



CLASSIFIED ADS



Wanted: a crocheter who would be interested in assembling already made granny squares. Please contact Jan Ketchum if you're interested.