



Project Warm Embrace Dream Bag

Revised December 3, 2019

Project Warm Embrace is a statewide partnership between the Kansas Department for Children and Families (DCF) partners and community quilters. It benefits foster children in Johnson, Atchison, Douglas, Leavenworth and Wyandotte counties. Dream Bags are given to children being placed into foster care and are used to carry possessions they wish to take with them. To learn about the history of Project Warm Embrace visit <http://starlightquilters.com/SQG/index.php/project-warm-embrace/>

This pattern may not be reproduced, used, or sold for personal gain. Quilt shops, guilds and individuals may copy and use this pattern for the purpose of donating Dream Bags to local DCF Offices for Project Warm Embrace. Please attribute the pattern to Donna di Natale and Starlight Quilters Guild.

Fabric and Supplies

Main bag: $\frac{3}{4}$ yard (27" x Width of Fabric)

Cuff: $\frac{1}{4}$ yd (9" x Width of Fabric)

Casing: 1 – 2 $\frac{1}{2}$ " x Width of Fabric

48-50" Parachute cord* (NOTE: Ends will need to be burned to prevent fraying.)

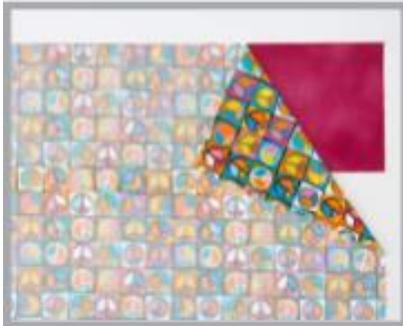
Toggle-lock*

Make the Bag

1. Start with a 27" x 42" piece of fabric for the body and a 9" x 42" piece of fabric for the cuff. Cut casing fabric 2 $\frac{1}{2}$ " wide and one inch shorter than cuff and bag fabrics. When using directional fabrics, make sure the design is going in the direction that you want it to be.

2. Lay the cuff fabric* flat on your work surface and then lay the bag fabric on top, right sides facing, with raw edges aligned. Pin in a few places to hold the two pieces together.

TIP: Clear a workspace that is at least 45" wide so that you can spread the fabrics out flat.



***TIP:** If the cuff fabric is directional, the design should be placed upside down.

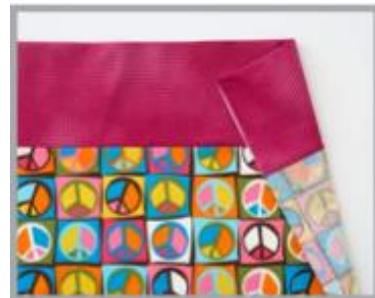
3. Roll the body of the pillowcase into a tube.



4. Wrap the unpinned edge of the cuff around it to meet the other cut edge. (The wrong side of the cuff fabric will be showing.) Pin the three cut edges together and sew using a **1/4"** seam. Back stitching at the beginning and end of the seam is optional.



5. Reach inside and pull the bag out. Press. This is the body of the pillowcase. It now has a cuff with all seams enclosed.



Add the 2 1/2" Casing

6. Fold the short ends of the casing fabric under **1/2"** and stitch in place.

7. Press under **1/4"** on each of the long edges of the casing fabric.

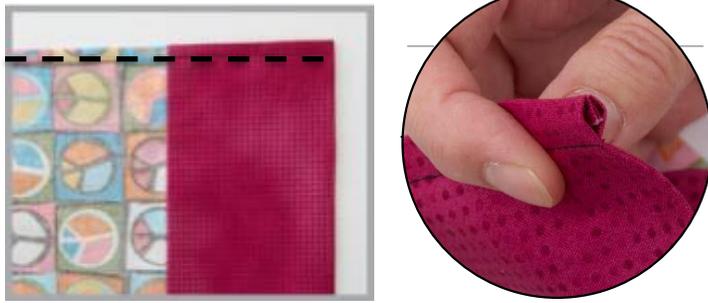
8. Lay the casing fabric right side up and place on top of the seam between the cuff and the main bag. The casing should start and end about 1" from the edges of the bag. (See picture below.) Top stitch along each long edge of the casing; side ends will remain open.



9. Fold the body of the pillow case with **wrong sides together** and stitch a **1/4"** seam along the side. Carefully trim edge to **1/8"** to remove any raveling threads.



10. Turn the pillowcase inside out (so the *wrong side is showing*) and stitch a generous $\frac{1}{4}$ " seam, encasing the first seam. Turn your pillowcase right side out again. Press. **NOTE:** Check to make sure both ends of the casing are open and have not been caught in the seam.



11. Repeat steps 9 & 10 for the bottom edge of the bag: With **wrong sides together**, sew the bottom edge using a $\frac{1}{4}$ " seam. Carefully trim edge to $\frac{1}{8}$ " to remove any raveling threads. Turn bag wrong sides out and press. Be sure to carefully poke out the corners so they are nice and square. Sew the same bottom edge again with a generous $\frac{1}{4}$ " seam to encase the first seam. Turn the bag right side out, carefully poke out the corners so they are nice and square. Press. Viola!

12. Thread the parachute cord through the casing. Squeeze the toggle lock to open the holes. Feed the cord through the holes. Pull the cord through and tie a knot holding both cords together.

Dream bags may be donated at the Kansas Department for Children and Families office in your community. Thank you very much for your donation!

DETAILS ABOUT SUPPLIES:

*Spring toggle locks (plastic) are available online in a variety of colors and quantities.

*Parachute cording #325 size is available at JoAnn Fabrics (jewelry making department) in a variety of colors. One skein of cording will make 5 Dream Bags.

