

Underarm Pillow

Fabric needed: Approximately 36" x 15"

Print off Underarm1.pdf and Underarm2.pdf for the pattern. Use "Actual Size". The grid is 1".

The dotted line is the seam allowance.

Tape the pattern together on the matching lines. Cut 2 on the fold.

Cut 2 straps 3" x 15".

Sew pillow pieces right sides together leaving the ends open as marked on the pattern.

Turn pillow right side out and stuff with preferred filling. Suggestions are torn up batting or fiberfill.

Make straps by folding fabric in half right sides together down the length. Stitch along the long edge and one short edge. Turn strap right sides out.

Turn open ends of pillow to inside, insert unsewn end of strap into the opening and sew shut.

Done!

